

# A HEALTHY BRAIN!

Together, let's talk about the things we can do every day to keep our brain in tip-top shape !

Look at the objects in Robbie's suitcase !

Help Robbie to remember **the 8 good habits that protect the brain by filling in the blanks !**

The central illustration features a blue brain character with a smiling face, arms, and legs, sitting inside a brown suitcase. The suitcase has a colorful circular logo on the front. Eight lines radiate from the brain to eight circular icons: an open book, a sneaker, a helmet, an apple, a no-smoking sign, a pillow, a doctor, and three smiley faces. Each icon is connected to a large empty rectangular box for writing.